

# Welcome home

KARINYA RESIDENTIAL AGED CARE, COROWA



A community with a warm country heart





# A community with a warm country heart

If you're looking for a small, personalised, aged care home with premium services and a friendly community atmosphere, then Karinya is the place for you.

Conveniently located in a quiet residential street with beautifully landscaped gardens and sweeping views of fields, horses and cattle, you're close to family and friends and the community you know and love.

Our home offers private suites with views of rural farmland or our private gardens, a comprehensive range of services and the reassurance of round-the-clock care.

Our professional team goes out of their way to create a homely environment where you'll easily make friends and never be bored, thanks to an ever-changing schedule of activities and social events where you can choose to join in or just sit back, while all your needs are met.



We believe that we're responsible for looking after the world we live in and for sharing and sustaining the resources the earth gives us, so that future generations can enjoy the same benefits that we do. Printed on recycled paper.





## Live life on your terms

We believe that individuality is one of the greatest gifts of being human. You're unique and your life here should be too. Our home is designed to encourage freedom and independence and to provide a warm and welcoming community where you'll be accepted for who you are, surrounded by people who'll take the time to get to know you. Whether it's improving your health, or exploring ways to boost your independence and social connections, we want to discover what's important to you.

Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. Our highly trained and experienced care staff, registered nurses and medical specialists provide discreet, respectful service round-the-clock to support your physical, emotional, intellectual, social, and spiritual wellbeing. Your care plan, services and lifestyle activities all revolve around you. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.





# Sit back and relax

Our light-filled, private single suites are decorated and furnished to create an environment that delivers maximum comfort, convenience and privacy.

Featuring private ensuite bathroom, with beautiful garden or rural views, our suites create a peaceful, private oasis for you to enjoy. Relax in style, enjoy breakfast in bed or keep the curtains closed and sleep in. It's up to you.

Our suites are designed to be inviting, liveable and stylish and come freshly decorated and furnished. All that's required is for you to give it your personal touch with photos, mementoes, artwork, or even some of your own furniture. Whatever you need to make it your home.



## Features

- Private single suite
- Private ensuite bathroom
- Air conditioning
- Heating
- Optional private TV & radio
- Optional private Pay-TV
- Optional private telephone
- Optional private Internet
- Refrigerator
- Electric powered bed
- Vanity unit
- Wardrobe
- Secure storage
- Nurse call system
- Smoke Alarm



Floor plans



Private, suite  
Accessible



Private, suites  
Typical







Image courtesy of Luke Hemer

# Designed for you

Our home is designed to cater to your every need. Most importantly, it feels like home.

As soon as you walk through the door, you'll feel the sense of a welcoming country community as you're greeted by smiling residents and friendly staff. Modern finishes, elegant decor and comfortable furniture reflect the country lifestyle, while bright and airy views maintain a connection to the outdoors.

As soon as you walk in, you'll feel the sense of a welcoming country community as you're greeted by smiling residents and friendly staff. Modern finishes, warm décor and comfortable furniture reflect the country lifestyle.

Here you can enjoy the beautifully maintained gardens, or simply relax and bask on the sunny patios taking in the rolling landscape.

At Karinya, you'll enjoy a life of comfort and convenience that's supplemented with professional services and round-the-clock support from highly trained and experienced care staff, registered nurses and specialists. All you need to do is relax and enjoy.



## Features

84 private suites

AR Activity room

CA Café

CY Courtyards

DI Dining room

GD Gardens

HB Hair & beauty salon

LR Lounge room

PG Children's playground

VR Verandahs (secure)





# Services at your fingertips

You don't need to worry about day-to-day chores like cleaning, laundry or cooking. We'll take care of that. You get to spend your time as you see fit and live life on your terms.

Naturally, our great care and medical services are always close at hand if you need them. Our comprehensive range of services mean you have peace-of-mind knowing that, today and in the future, you'll be taken care of and your home will remain your home.



### Hotel services

- Catering
- Cleaning
- Dry Cleaning
- Hair & beauty salon
- Laundry
- Leisure and lifestyle staff
- Newspaper delivery
- Private functions
- Repairs & maintenance



### Care services

- Care staff onsite 24/7
- Physiotherapist
- Podiatrist
- Speech therapist
- Audiologist & hearing aids
- Continence management
- Counselling
- Dementia care
- End of life care
- Lifting of residents
- Occupational therapy
- Optometry
- Palliative care



### Medical services

- Registered Nurses
- Choice of doctor
- Dementia consultant
- Doctor visits
- Geriatrician
- Mental health advisor
- Pharmacy services
- Psychologist
- Specialist services



### Spiritual services

- Pastoral Carers & volunteers
- Religious practitioner visits
- Religious services
- Special religious celebrations
- Spiritual activities



# Activities & occasions

One thing's for sure, you'll never be bored. The social calendar is always full of activities and we love to celebrate. Our popular lifestyle and activities program offers a great mix of regular events, and opportunities to socialise, including shopping trips and bus excursions.

We always make the most of special occasions such as anniversaries, birthdays, cultural occasions and festivals, religious holidays and occasions that are important to you.

Alcohol is provided at Happy Hour, functions, social events, and special dinners and lunches. You're free to purchase and consume alcohol responsibly within the home provided it's medically appropriate.

Private functions can also be held in the shared community spaces and gardens by arrangement.



# Relax & be yourself

Home is a place where you can truly relax and be yourself, knowing that you're safe and sound.

Contact with loved ones is vital for your health and wellbeing and we'd like your family and friends to also feel part of our extended family. There's no need to call ahead if they feel like dropping in. Your visitors will always be warmly welcomed and we can make arrangements for them to stay the night if they need to be close to you.

How you spend your time and what you do are all your choice. You can have your hair done and a manicure in the salon, enjoy a good book and a cuppa in the well-stocked library, listen to music in one of the lounges or enjoy quiet time in the gardens.

We encourage you to continue your social activities, remain part of your community and maintain your friendships and interests. We'll support your involvement in activities such as memberships to clubs, choirs, churches, men's and women's groups, and sporting organisations. We'll also help if you want to try new activities or join social groups within the local community.

## Activities & occasions

- Anzac Day celebrations
- Armchair travel
- Arts & crafts
- Australia Day celebrations
- Bingo
- Birthday celebrations
- Bus excursions
- Card & board games
- Christmas celebrations
- Concerts
- Cultural event celebrations
- Easter celebrations
- Entertainment
- Exercise classes
- Individual programs
- Indoor bowling
- Memory enhancing activities
- Men's group
- Movie days
- Music therapy
- Pet therapy
- Queen's Birthday celebrations
- Quiz & trivia
- Remembrance Day
- Sensory activities
- Shopping trips
- Sing-alongs
- Social events
- Theme days
- Walking groups

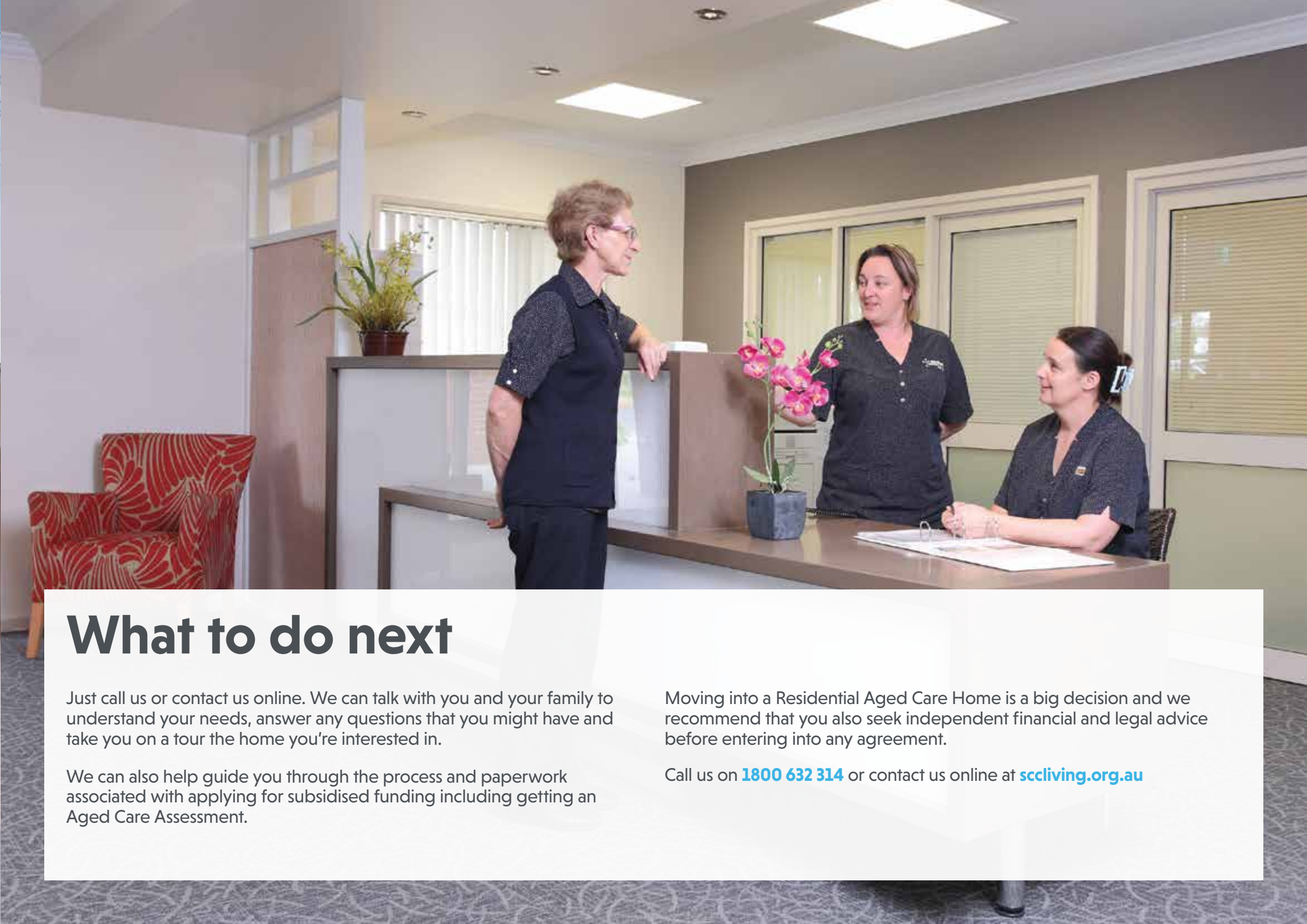


# The Southern Cross Care difference

Southern Cross Care's name is known and trusted throughout NSW & the ACT where we've been a part of the community for nearly 50 years. As a not-for-profit organisation, we don't have shareholders, big salaries or big overheads, so we can put the money we're given back into providing services for our clients. That means you get better value for money and better services.

We offer a full spectrum of integrated services to provide you with options, choice and support for how you choose to live your life, today and tomorrow. Whether it's discovering a retirement community lifestyle, tapping into help at home, improving your health, exploring ways to boost your independence and social connections, or selecting comfortable, supportive care in one of our Residential Aged Care Homes, you have peace of mind knowing that whatever your needs may be, you have a relationship with a provider that has it covered.

We believe that individuality is one of the greatest gifts of being human. Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. We celebrate and respect diversity and welcome all, regardless of faith, ethnicity, sexual orientation, gender identity and lifestyle choices. We recognise you as a whole person and support your physical, emotional, intellectual, social, and spiritual wellbeing. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.



## What to do next

Just call us or contact us online. We can talk with you and your family to understand your needs, answer any questions that you might have and take you on a tour the home you're interested in.

We can also help guide you through the process and paperwork associated with applying for subsidised funding including getting an Aged Care Assessment.

Moving into a Residential Aged Care Home is a big decision and we recommend that you also seek independent financial and legal advice before entering into any agreement.

Call us on **1800 632 314** or contact us online at [sccliving.org.au](https://www.sccliving.org.au)



# Where you can find us



## Home Care Services

Our Home Care services are available extensively across metropolitan and regional locations in NSW and the ACT.



## Retirement Communities

### NSW Metropolitan

#### Central Coast

- Bateau Bay
- Caves Beach

#### Illawarra Shoalhaven

- Thirroul

#### Sydney East

- Maroubra Junction
- South Coogee

#### Sydney North

- Manly Vale
- Marsfield
- West Pennant Hills

#### Sydney South

- Caringbah
- Kirrawee
- Marrickville

#### Sydney West

- Merrylands West
- Plumpton

### ACT

- Braddon
- Campbell
- Garran
- Yarralumla

### NSW Rural & Regional

#### Northern NSW

- Banora Point
- South Tweed Heads

#### Riverina

- Corowa
- Lavington
- Moama

#### South West Slopes

- Cootamundra
- Harden
- Temora
- Young

#### Western NSW

- Parkes



## Residential Aged Care

### NSW Metropolitan

#### Central Coast

- Bateau Bay
- Caves Beach
- Swansea

#### Sydney East

- Daceyville
- Maroubra Junction
- South Coogee

#### Sydney North

- Marsfield
- Turramurra
- West Pennant Hills

#### Sydney South

- Sutherland

#### Sydney West

- Greystanes
- Merrylands West
- North Parramatta
- Plumpton

### ACT

- Campbell
- Garran

### NSW Rural & Regional

#### Northern NSW

- Banora Point
- Casino
- Grafton
- South Tweed Heads

#### Riverina

- Corowa
- Lavington
- Moama

#### South West Slopes

- Cootamundra
- Deniliquin
- Harden
- Leeton
- Young

#### Southern NSW

- Bombala
- Goulburn

#### Western NSW

- Parkes

# Contact us

If you'd like more information, help or advice, just get in touch and we'll give you all the information and support you need to make an informed decision that's right for you and your family.



## Karinya Residential Aged Care

127 Guy Street  
Corowa NSW 2646

Call: **1800 632 314** (free call)

Visit: **sccliving.org.au**

**Bus services:**

Community bus to the door

**Airport:**

Corowa Airport, 3.1km

**Nearest shops:**

Corowa Town Centre – 1 km

**Nearest hospital:**

Corowa District Hospital – 550 m



