Welcome home

LAVINGTON RESIDENTIAL AGED CARE



A community with a warm country heart

0



We believe that we're responsible for looking after the world we live in and for sharing and sustaining the resources the earth gives us, so that future generations can enjoy the same benefits that we do. Printed on recycled paper.





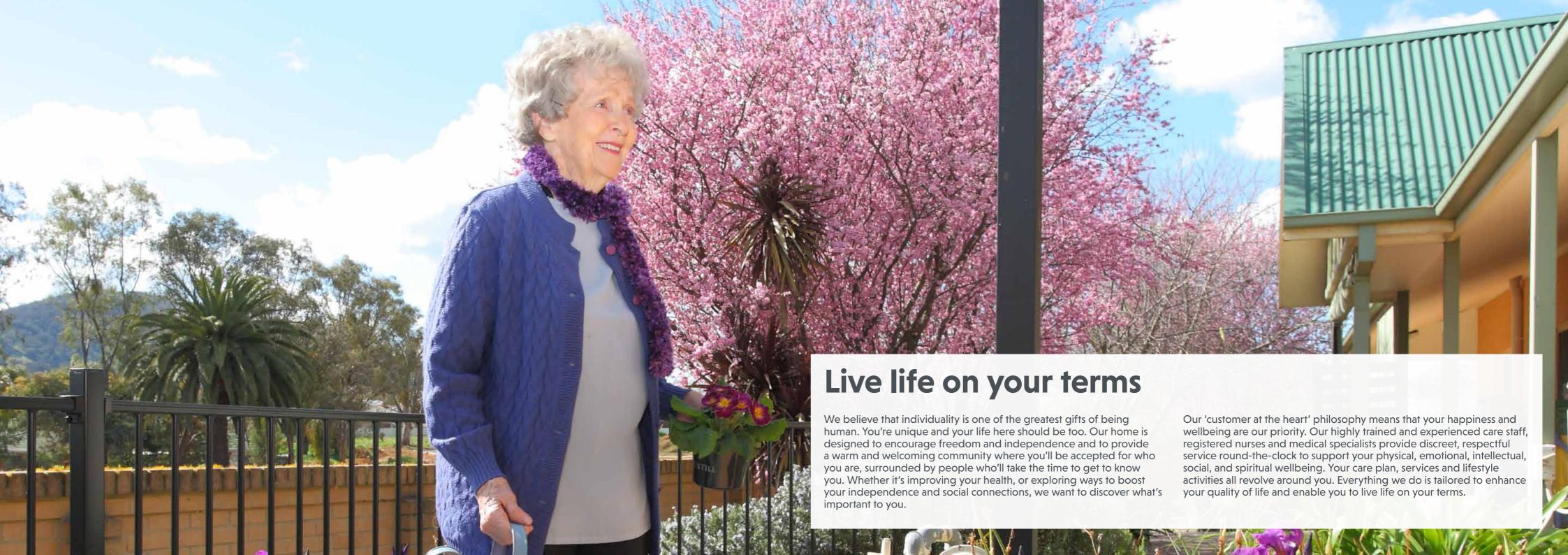
A community with a warm heart

If you're looking for a personalised aged care home with premium services and a friendly country atmosphere, then our Lavington home is the place for you.

Conveniently located in a quiet residential street, you're close to family and friends and the community you know and love.

Our home offers private suites with beautiful garden views, a comprehensive range of services and the reassurance of round-the-clock care. Buildings are all on ground level, making wheel chair and walker access easy.

Our professional team goes out of their way to create a homely environment where you'll make new friends. There's always something to do thanks to an ever-changing schedule of activities and social events. You can choose to join in or just sit back, it's up to you!





Sit back and relax

Our light-filled, private single suites are decorated and furnished to create an environment that delivers maximum comfort, convenience and privacy.

Featuring private ensuite bathrooms and garden views, our suites create a peaceful, private oasis for you to enjoy. Relax in style, enjoy breakfast in bed or keep the curtains closed and sleep in. It's up to you.

Our suites are designed to be inviting, liveable and stylish. All that's required is for you to give it your personal touch with photos, mementoes, artwork, or even some of your own furniture. Whatever you need to make it your home.

Features

- Private single suite
- Private ensuite bathroom
- Air conditioning & heating
- Optional private TV & radio
- Optional Pay TV
- Optional private telephone
- Optional private Internet

- Electric powered bed
- Vanity unit
- Wardrobe
- Optional fridge
- Secure storage
- Nurse call system



Private suite Accessible

Floor plans





Private suite Typical, Type B

Private suite Typical, Type A











Designed for you

Our home is designed to cater to your every need. Most importantly, it feels like home.

As soon as you walk through the door, you'll feel the sense of a welcoming country community as you're greeted by smiling residents and friendly staff. Modern finishes, elegant decor and comfortable furniture reflect a country lifestyle, while bright and airy views maintain a connection to the outdoors.

Here you can enjoy the beautifully maintained gardens or simply relax and bask in the sun on your patio.

At our Lavington home you'll enjoy a life of comfort and convenience that's supplemented with professional services and round-the-clock support from highly trained and experienced care staff, registered nurses and specialists.

Features

AR Activity room DR Dining room GA Gardens LR Lounge roomVR VerandahsBQ Barbecue area



Services at your fingertips

We take care of the day-to-day chores like cleaning, laundry and cooking so you can spend your time as you see fit and live life on your terms.

Naturally, our great care and medical services are always close at hand if you need them. Our comprehensive range of services mean you have peaceof-mind knowing that, today and in the future, you'll be well taken care of.

Hotel services

- Hair & beauty
- Leisure & lifestyle staff
- Newspaper delivery
- Private functions
- Repairs & maintenance



Care services

- Care staff onsite 24/7
- Physiotherapist
- Podiatrist
- Speech therapist
- Audiologist & hearing aids
- Continence management
- Counselling
- Dementia care
- End of life care
- Lifting of residents
- Occupational therapy
- Optometry
- Palliative care
- Medication management



Medical services

- Nurses (registered & enrolled)
- Choice of doctor
- Dementia consultant
- Doctor visits
- Geriatrician
- Mental health advisor
- Pharmacy services
- Psychologist
- Specialist services



Spiritual services

- Religious practitioner visits
- Weekly on-site religious services
- Special religious celebrations
- Spiritual activities
- Weekly pastoral & spiritual care visits

Activities & occasions

Our social calendar is always full of activities and we love to celebrate. Our popular lifestyle and activities program offers a great mix of regular events, and opportunities to socialise, including shopping trips and bus excursions.

We make the most of your special occasions such as anniversaries, birthdays, cultural occasions and festivals, religious holidays and occasions that are important to you.

Alcohol is provided at Happy Hour, functions, social events, and special dinners and lunches. You're free to purchase and consume alcohol responsibly within the home provided it's medically appropriate.

Private functions can also be held in the shared community spaces and gardens by arrangement.

Activities & occasions

- Anzac Day celebrations
- Armchair travel
- Arts & crafts
- Australia Day celebrations
- Bingo
- Birthday celebrations
- Bus excursions
- Card & board games
- Christmas celebrations
- Concerts
- Cultural event celebrations
- Easter celebrations
- Entertainment
- Exercise classes
- Happy hour
- Individual programs
- Indoor bowling

- Luncheons
- Memory enhancing activites
- Men's group
- Movie days
- Music therapy
- Queen's Birthday celebrations
- Quiz & trivia
- Remembrance Day
- Shopping trips
- Sing-alongs
- Social events
- Theme days
- Walking groups
- Netflix
- Silver memories
- Daycare visits
- Melbourne cup



Relax & be yourself

Home is a place where you can truly relax and be yourself, knowing that you're safe and sound.

Contact with loved ones is vital for your health and wellbeing and we'd like your family and friends to also feel part of our extended family. There's no need to call ahead if they feel like dropping in. Your visitors will always be warmly welcomed and we can make arrangements for them to stay the night if they need to be close to you.

How you spend your time and what you do are all your choice. You can have your hair done or get a manicure, enjoy a good book and a cuppa, listen to music in one of the lounge rooms or have quiet time in the garden.

We encourage you to continue your social activities, remain part of your community and maintain your friendships and interests. We'll support your involvement in activities such as memberships to clubs, choirs, churches, men's and women's groups, and sporting organisations. We'll also help if you want to try new activities or join social groups within the local community.

The Southern Cross Care difference

Southern Cross Care's name is known and trusted throughout NSW & the ACT where we've been a part of the community for nearly 50 years. As a not-for-profit organisation, we don't have shareholders, big salaries or big overheads, so we can put the money we're given back into providing services for our clients. That means you get better value for money and better services.

We offer a full spectrum of integrated services to provide you with options, choice and support for how you choose to live your life, today and tomorrow. Whether it's discovering a retirement community lifestyle, tapping into help at home, improving your health, exploring ways to boost your independence and social connections, or selecting comfortable, supportive care in one of our Residential Aged Care Homes, you have peace of mind knowing that whatever your needs may be, you have a relationship with a provider that has it covered.

We believe that individuality is one of the greatest gifts of being human. Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. We celebrate and respect diversity and welcome all, regardless of faith, ethnicity, sexual orientation, gender identity and lifestyle choices. We recognise you as a whole person and support your physical, emotional, intellectual, social, and spiritual wellbeing. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.





What to do next

Just call us or contact us online. We can talk with you and your family to understand your needs, answer any questions that you might have and take you on a tour of the home you're interested in.

We can also help guide you through the process and paperwork associated with applying for subsidised funding including getting an Aged Care Assessment. Moving into a Residential Aged Care home is a big decision and we recommend that you also seek independent financial and legal advice before entering into any agreement.

Call us on 1800 632 314 or contact us online at sccliving.org.au

Where you can find us

Home Care Services

 \bigcirc

Our Home Care services are available extensively across metropolitan and regional locations in NSW.

Retirement Communities

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach

Illawarra Shoalhaven

Thirroul

Sydney East

- Maroubra
- South Coogee

Sydney North

- Manly Vale
- Marsfield
- West Pennant Hills

Sydney South

- Caringbah
- Kirrawee
- Marrickville

Sydney West

- Merrylands West
- Plumpton

ACT

- Braddon
- Campbell
- Garran
- Yarralumla

NSW Rural & Regional

Northern NSW

- Banora Point
- Tweed Heads South

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Harden
- Temora
- Young

Western NSW

Parkes

ê **Residential Aged Care**

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach
- Swansea

Sydney East

- Daceyville
- Maroubra
- South Coogee

Sydney North

- Marsfield
- Turramurra
- West Pennant Hills

Sydney South

Sutherland

Sydney West

- Greystanes
- Merrylands West
- North Parramatta
- Plumpton

ACT

- Campbell
- Garran

NSW Rural & Regional

Northern NSW

- Banora Point
- Casino Grafton
- Tweed Heads South

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Deniliquin
- Harden Leeton
- Young

Southern NSW

- Bombala
- Goulburn

Western NSW

Parkes







Contact us

If you'd like more information, help or advice, just get in touch and we'll give you all the information and support you need to make an informed decision that's right for you and your family.

Lavington Residential Aged Care

286 Warren Street, Lavington NSW 2641

Call: 1800 632 314 (free call) Visit: sccliving.org.au

Bus services: Nearest shops: Nearest hospital: Nearest ACAT:

Community bus 1 km Albury Wodonga Health - 7.1 km Albury - 1800 200 422



It is important to note the information in this brochure is both introductory and general in nature. While every effort has been made to ensure it is accurate and current, Southern Cross Care (NSW & ACT) gives no warranty concerning the accuracy of the material or information contained in this brochure and all such warranties (whether implied or otherwise) are excluded to the extent permitted by law. Purchasers should make their own enquiries. Imagery is intended to be broadly representative and not literal. M20029/1 2017-11 © Copyright Southern Cross Care (NSW & ACT) 2017. All Rights Reserved. ABN: 76 131 082 374. Printed on recycled paper.