

Welcome home

PARKES RESIDENTIAL AGED CARE



A community with a warm country heart





A community with a warm country heart

If you're looking for Residential Aged Care with premium services and a friendly community atmosphere, then our Parkes home is the place for you.

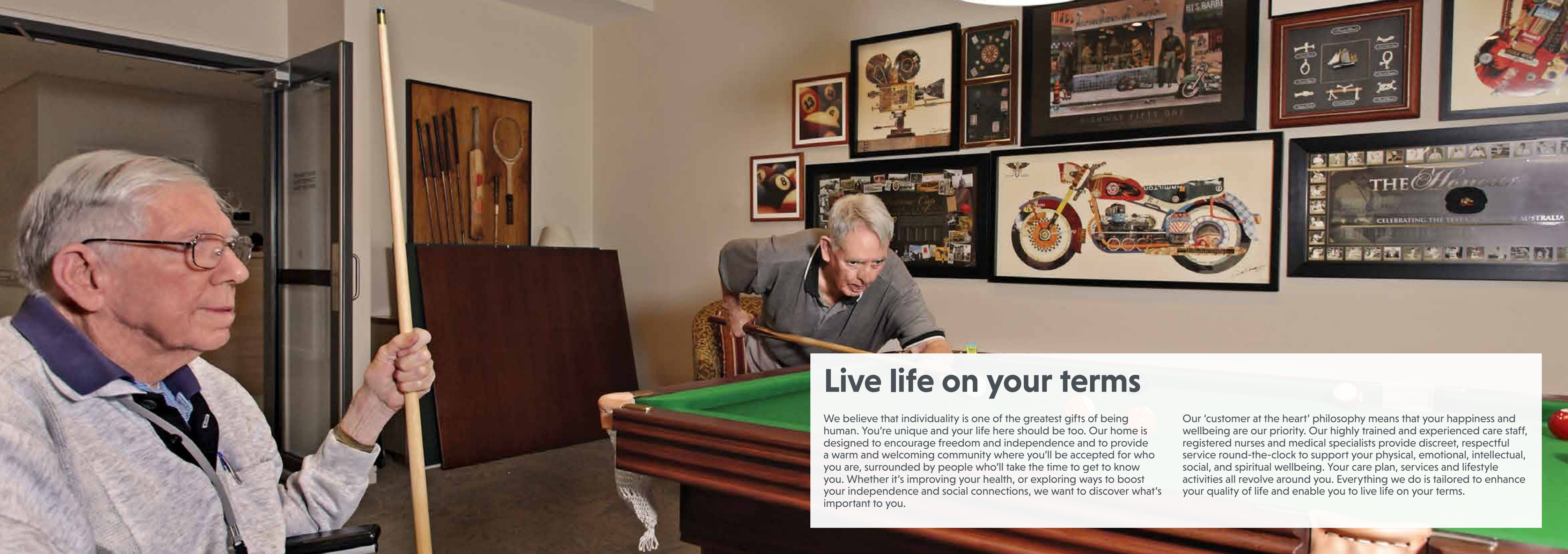
Set in the attractive, park-like grounds of Southern Cross Care Village at Parkes, you're close to family and friends and the community you know and love.

Our state-of-the-art home offers beautifully decorated private luxury suites, a comprehensive range of services and the reassurance of round-the-clock care.

Our professional team goes out of their way to create a homely environment where you'll easily make friends and never be bored, thanks to an ever-changing schedule of activities.



We believe that we're responsible for looking after the world we live in and for sharing and sustaining the resources the earth gives us, so that future generations can enjoy the same benefits that we do. Printed on recycled paper.



Live life on your terms

We believe that individuality is one of the greatest gifts of being human. You're unique and your life here should be too. Our home is designed to encourage freedom and independence and to provide a warm and welcoming community where you'll be accepted for who you are, surrounded by people who'll take the time to get to know you. Whether it's improving your health, or exploring ways to boost your independence and social connections, we want to discover what's important to you.

Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. Our highly trained and experienced care staff, registered nurses and medical specialists provide discreet, respectful service round-the-clock to support your physical, emotional, intellectual, social, and spiritual wellbeing. Your care plan, services and lifestyle activities all revolve around you. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.



The easy life

Our light-filled, private luxury single suites are architecturally-designed, decorated and furnished to create an environment that delivers maximum comfort, convenience and privacy.

Featuring private ensuite bathroom, kitchenette, air-conditioning, veranda, television and telephone, our suites create a peaceful, private oasis for you to enjoy. Relax in style, enjoy breakfast in bed or keep the curtains closed and sleep in. It's up to you.

You'll appreciate the attention to detail our interior designers have applied to the fittings and furnishings, ensuring they are inviting, liveable and stylish. All that's required is for you to give it your personal touch with photos, mementoes, artwork, and even some of your own furniture. Whatever you need to make it your home.

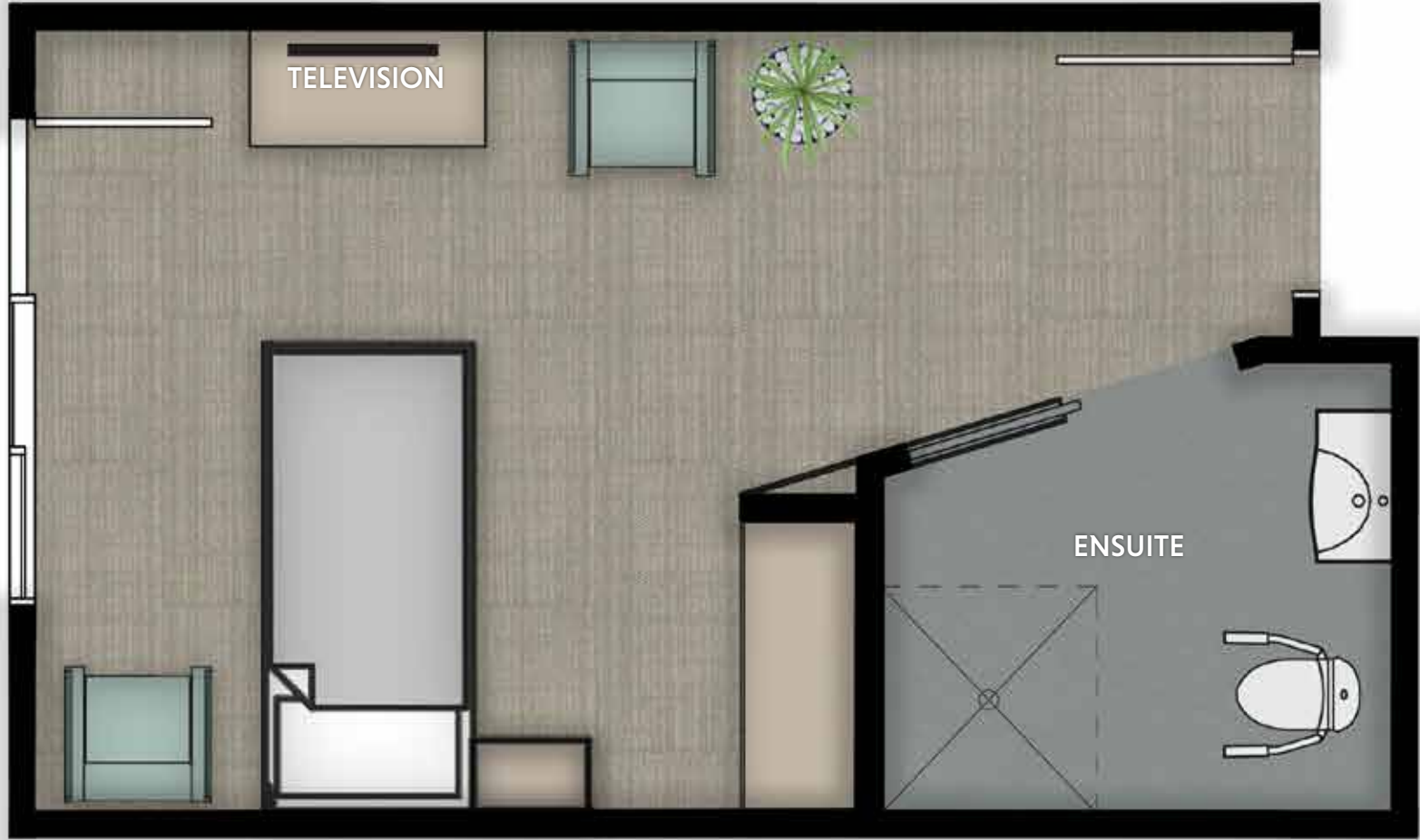
Features

- Private single suite
- Private ensuite bathroom
- Air conditioning
- Private television
- Optional Pay TV
- Private telephone
- Optional private Internet
- Refrigerator
- Electric-powered bed
- Vanity Unit
- Wardrobe
- Secure storage
- Nurse call system
- Smoke Alarm

Floor plans



Private, luxury suite
Accessible



Private, luxury suite
Typical



Designed for you

Our home is designed to cater to your every need. Most importantly, it feels like home.

As soon as you walk through the doors, you'll feel the sense of a welcoming country community as you're greeted by smiling residents and friendly staff. Modern finishes, elegant decor and comfortable furniture reflect the Parkes lifestyle, while sunny, bright and airy verandas maintain a safe and secure connection to the outdoors.

Nestled within the expansive grounds of the vibrant Southern Cross Care Village community, thoughtful design links all buildings at ground level by landscaped gardens, walkways and pathways.

Providing an unprecedented standard of living, you can enjoy a life of comfort and convenience. Your lifestyle is all-inclusive and supplemented with professional services and round-the-clock support from highly trained and experienced care staff, registered nurses and specialists. Our onsite medical suites mean you can visit a doctor or health specialist without having to travel. All you need to do is relax and enjoy.

Features

62 private luxury suites

AH Allied health room	HB Hair & beauty salon
AR Activity room	MP Multi-purpose activity room
EX Indoor exercise area	LI Library
CH Chapel	LR Lounge rooms
CL Cafe & lounge	RR Reading room
CY Courtyards (secure)	SH Shop
DI Dining rooms	SR Sitting room
DR Doctor's room	SU Sun room
GD Gardens (secure)	TR Therapy room
GR Games room	VR Verandahs (secure)



Fine dining



Dining with friends is a highlight of the day for many of our residents, thanks to our in-house catering. Nutritious and delicious seasonal menus are prepared using fresh, local produce offering plenty of choice.

Special dietary requirements are happily catered for. Your visitors are also very welcome to join you for meals for a nominal fee and you can also choose to have your meal in your room if you prefer.

Harvest Café



We've all grown accustomed to enjoying a visit to a local café for a slice of cake or a cappuccino. Combining a Central West atmosphere in a friendly, well-appointed café, Harvest Café is the perfect place to relax and catch up

with friends and family. Come as a group, or pop in on your own to quietly read the paper and enjoy a great cup of coffee.

Keep moving



If you want to take in the fresh air you can stroll along our walking path and enjoy the gardens. Our specially designed walking path has a level gradient and features age-friendly exercise equipment as well as seating and toilets along the way. No matter how far you choose to walk, it's a

great way to start the day and a popular meeting point for residents and neighbours to catch up and chat. There's even a walking group you can join in with if you fancy some company.

Something for all the family



Friends and family are always welcome and when they visit you'll find that there's something for everyone. The safe and secure children's playground will keep the little ones entertained for hours on end. Keep an eye on them while you enjoy a coffee at the Harvest Cafe which is conveniently located

right next to the playground. Birthdays, barbeques, family picnics and private events can also easily be accommodated in one of the many community spaces or gardens by arrangement.



Services at your fingertips

Living at our home is like living at a hotel, only better. You don't need to worry about day-to-day chores like cleaning, laundry or cooking. We'll take care of that. You get to spend your time as you see fit and live life on your terms.

Naturally, our great care and medical services are always close at hand if you need them. Our comprehensive range of premium services mean you have peace of mind knowing that, today and in the future, you'll be taken care of and your home will remain your home.



Hotel services

- Café
- Catering
- Cleaning
- Dry Cleaning
- Hair & beauty salon
- Laundry
- Leisure and lifestyle staff
- Newspaper delivery
- Private functions
- Repairs & maintenance



Care services

- Care staff onsite 24/7
- Physiotherapist
- Podiatrist
- Speech therapist
- Audiologist & hearing aids
- Continence management
- Counselling
- Dementia care
- End of life care
- Lifting of residents
- Occupational therapy
- Optometry
- Palliative care



Medical services

- Nurses (registered & enrolled)
- Choice of doctor
- Dementia consultant
- Doctor visits
- Geriatrician
- Mental health advisor
- Pharmacy services
- Psychologist
- Specialist services



Spiritual services

- Pastoral Carers & volunteers
- Religious practitioner visits
- Religious services
- Special religious celebrations
- Spiritual activities

Activities & occasions

One thing that's for sure is you'll never be bored. The social calendar is always full of activities and we love to celebrate. Our popular lifestyle and activities program offers a great mix of regular activities, special activities and opportunities to socialise, including shopping trips.

We always make the most of special occasions such as anniversaries, birthdays, cultural occasions and festivals, religious holidays and occasions that are important to you.

Alcohol is provided at Happy Hour, functions, social events, and special dinners and lunches. You're free to purchase and consume alcohol responsibly within the home provided it's medically appropriate.

Private functions can also be held in the shared community spaces and gardens by arrangement.



Relax & be yourself

Home is a place where you can truly relax and be yourself, knowing that you're safe and sound.

Contact with loved ones is vital for your health and wellbeing and we'd like your family and friends to also feel part of our extended family. There's no need to call ahead if they feel like dropping in. Your visitors will always be warmly welcomed and we can make arrangements for them to stay the night if they need to be close to you.

How you spend your time and what you do are all your choice. You can have your hair done and a manicure in the salon, grab a bite at the café, enjoy a good book and a cuppa in the well-stocked library, listen to music in one of the lounges or enjoy quiet time in the gardens.

We encourage you to continue your social activities, remain part of your community and maintain your friendships and interests. We'll support your involvement in activities such as memberships to clubs, choirs, churches, men's and women's groups, and sporting organisations. We'll also help if you want to try new activities or join social groups within the local community.

The Southern Cross Care difference

Southern Cross Care's name is known and trusted throughout NSW & the ACT where we've been a part of the community for nearly 50 years. As a not-for-profit organisation, we don't have shareholders, big salaries or big overheads, so we can put the money we're given back into providing services for our clients. That means you get better value for money and better services.

We offer a full spectrum of integrated services to provide you with options, choice and support for how you choose to live your life, today and tomorrow. Whether it's discovering a retirement community lifestyle, tapping into help at home, improving your health, exploring ways to boost your independence and social connections, or selecting comfortable, supportive care in one of our Residential Aged Care Homes, you have peace of mind knowing that whatever your needs may be, you have a relationship with a provider that has it covered.

We believe that individuality is one of the greatest gifts of being human. Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. We celebrate and respect diversity and welcome all, regardless of faith, ethnicity, sexual orientation, gender identity and lifestyle choices. We recognise you as a whole person and support your physical, emotional, intellectual, social, and spiritual wellbeing. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.



What to do next

Just call us or contact us online. We can talk with you and your family to understand your needs, answer any questions that you might have and take you on a tour the home you're interested in.

We can also help guide you through the process and paperwork associated with applying for subsidised funding including getting an Aged Care Assessment.

Moving into a Residential Aged Care Home is a big decision and we recommend that you also seek independent financial and legal advice before entering into any agreement.

Call us on **1800 632 314** or contact us online at [sccliving.org.au](https://www.sccliving.org.au)

Where you can find us



Home Care Services

Our Home Care services are available extensively across metropolitan and regional locations in NSW.



Retirement Communities

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach

Illawarra Shoalhaven

- Thirroul

Sydney East

- Maroubra
- South Coogee

Sydney North

- Manly Vale
- Marsfield
- West Pennant Hills

Sydney South

- Caringbah
- Kirrawee
- Marrickville

Sydney West

- Merrylands West
- Plumpton

ACT

- Braddon
- Campbell
- Garran
- Yarralumla

NSW Rural & Regional

Northern NSW

- Banora Point
- Tweed Heads South

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Harden
- Temora
- Young

Western NSW

- Parkes



Residential Aged Care

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach
- Swansea

Sydney East

- Daceyville
- Maroubra
- South Coogee

Sydney North

- Marsfield
- Turramurra
- West Pennant Hills

Sydney South

- Sutherland

Sydney West

- Greystanes
- Merrylands West
- North Parramatta
- Plumpton

ACT

- Campbell
- Garran

NSW Rural & Regional

Northern NSW

- Banora Point
- Casino
- Grafton
- Tweed Heads South

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Deniliquin
- Harden
- Leeton
- Young

Southern NSW

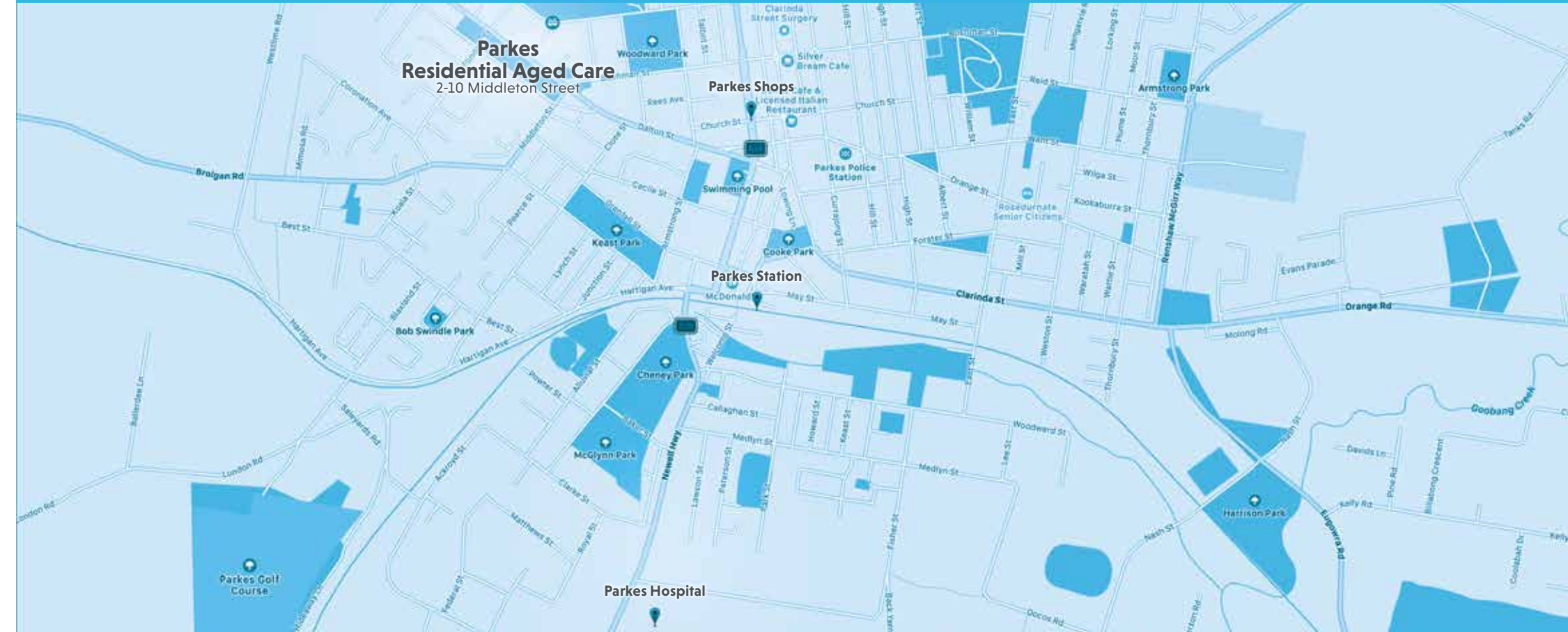
- Bombala
- Goulburn

Western NSW

- Parkes

Contact us

If you'd like more information, help or advice, just get in touch and we'll give you all the information and support you need to make an informed decision that's right for you and your family.



Parkes Residential Aged Care

2-10 Middleton Street
Parkes NSW 2870

Call: **1800 632 314** (free call)

Visit: **sccliving.org.au**

Bus services:

Directly outside

Train service:

Parkes Station – 1.4 km

Nearest shops:

Parkes Shops – 1 km

Nearest hospital:

Parkes Hospital – 2.4 km

Nearest ACAT:

Dubbo – 1800 200 422

