

Southern Cross Care Village

PARKES RETIREMENT COMMUNITY



A community with a warm country heart





We believe that we're responsible for looking after the world we live in and for sharing and sustaining the resources the earth gives us, so that future generations can enjoy the same benefits that we do. Printed on recycled paper.



A community with a warm country heart

This is the life! At Southern Cross Care Village you can enjoy the vast open beauty of one Australia's favourite districts while reaping the benefits of a modern residential estate in a historical country town with all the trimmings.

New neighbours are warmly welcomed and you'll be surrounded by others who share interests, hobbies and enjoy the opportunity to socialise. There's always something going on where you can socialise, share a cuppa and have a chat. You can be involved as much or as little as you like. The choice is yours!

The village's neat, modern buildings, lawns and gardens that surround the sweeping driveway lay down a lovely welcome mat for all. Southern Cross Care Village is a place where you can be yourself, spend time doing the things you love and enjoy life on your terms.

Parkes' town centre is just over a kilometre away, with a bus stop outside the village that gets you there easily. Take a quick trip to the shops, or have lunch or dinner at one of the many local clubs or cafés. Should you need medical support, Parkes Hospital is just down the road, as are other health services. Convenience is the word!

We believe retirement should come with rewards. Make Southern Cross Care Village yours.

An affordable lifestyle

The cost of entering a Retirement Community is generally less than buying a home conventionally and with no stamp duty to pay. So selling your home to buy into a retirement community can free up money to enjoy on travel, a new car or entertainment and dining out. Whatever takes your fancy.

Everyone's welcome

We know the importance of family and friends. Your home in the Retirement Community is still your home and your friends and family are welcome to visit and stay with you. They're also welcome to use the community amenities, gardens, barbeques, playgrounds and function facilities.*



*Extended stays and the use of some amenities may require arrangement with the Village Liaison Officer.

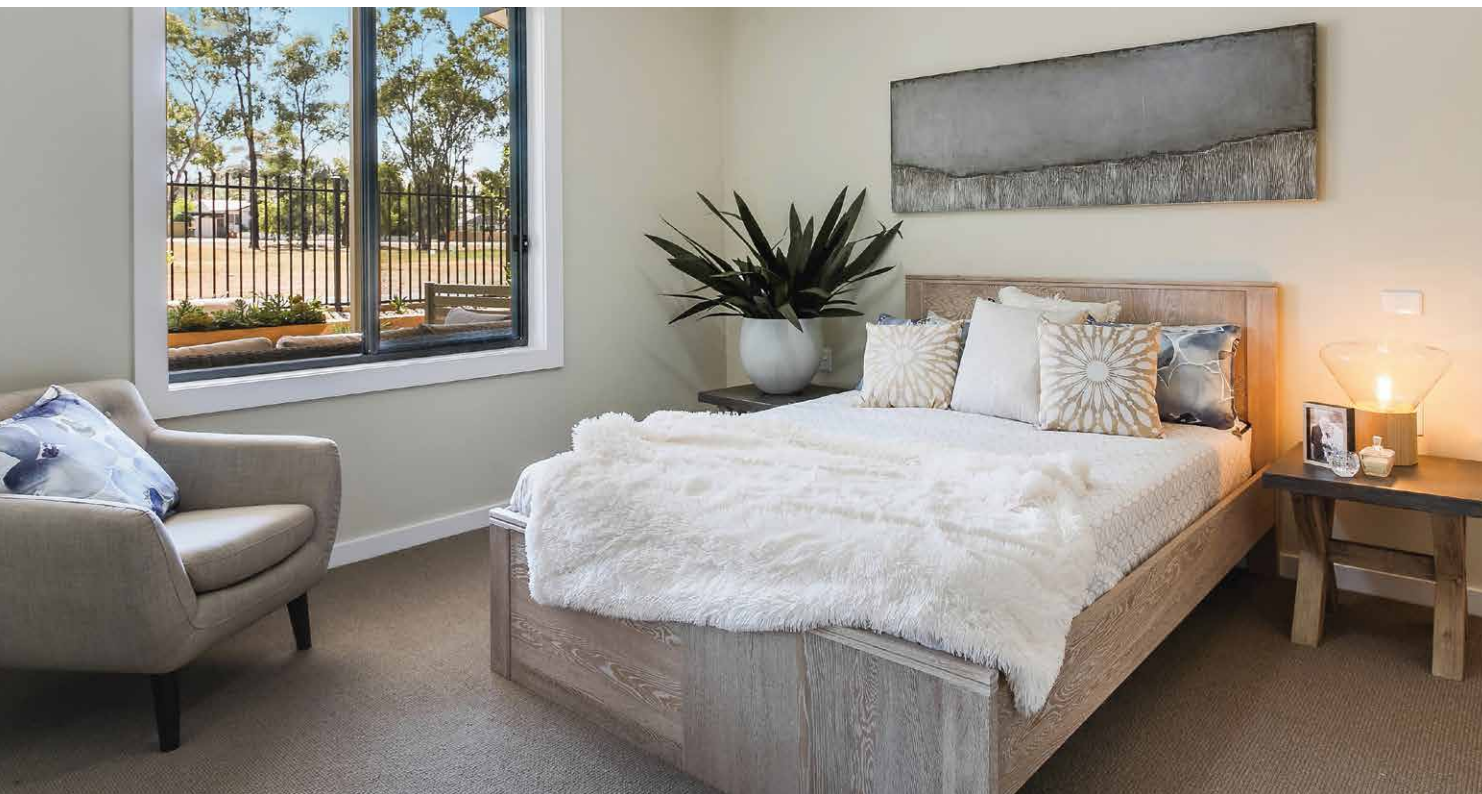
More time for the things you love



Retirement is a time to enjoy life. Speak with those who've made the move to a retirement community and you'll discover it was the key to unlocking an exciting new chapter of life, one where you have the freedom to choose how you live.

When you move into Southern Cross Care Village, you're securing a lifestyle that delivers peace of mind, freedom and a supportive community. You're

liberated from the hassle of home and garden maintenance - we'll take care of that. You get your time back and more freedom to do the things you love. Perhaps you'll start a new hobby, sit back and read those books you always wanted to read, or maybe learn something new. It's all about living at your own pace, doing what you like doing and enjoying life.



Easy living



Living in Southern Cross Care Village means you won't be compromising on quality or home comforts. The spacious, well-appointed 1 and 2 bedroom villas are architecturally designed to provide comfort and privacy. These bright and airy villas feature generously proportioned rooms, an open plan living area, modern kitchen, ensuite bathroom, built-in cupboards and access to the outdoors via a private patio.

You'll appreciate the quality of the fittings and finishes, presenting a stylish, inviting canvas for you to add personal touches to suit your taste.

Every villa is equipped with wiring for internet and pay TV waiting to be connected. A 24-hour emergency call system and a broad range of optional services, amenities and activities are also on tap. Comfort and peace-of-mind come standard.



One bedroom villa

Floor plans



Two bedroom villa



Features

- 83 self-contained 1 and 2 bedroom villas
- Multi-purpose community centre
- Walking track
- Age-friendly exercise stations
- Outdoor barbeques
- Hair and beauty salon
- Library
- Onsite shop
- Dining room
- Chapel



Design



Even though it's close to town, Southern Cross Care Village is a quiet sanctuary. Our beautifully landscaped gardens and surrounds are designed and maintained for your enjoyment.

Your comfort and convenience is at the heart of the village design. Relax in the morning sunshine, stroll along our walking track, or simply enjoy the gardens. Coffee-enthusiasts can meet at the café, book lovers will enjoy the well-stocked library, or have your hair done or a manicure in the salon. There's even an onsite shop as well as a range of social events at the community centre.

The architectural design of the village reflects the Parkes aesthetic and lifestyle. Modern, practical design is complimented by the use of tasteful finishes and elegant décor to create environments that live harmoniously within the landscape.

Clever, eco-friendly building design generates natural airflow on warm days, while the use of solid walls retains warmth during winter and helps to stay cool in summer. This minimises the need for heating and cooling and reduces power bills. Energy efficient LED lighting, water capture and solar energy generation are all a part of our commitment to sustainable design.



 Southern
CrossCare
NSW & ACT

Services at your fingertips

At Southern Cross Care Village, you have peace-of-mind knowing that if you'd ever like a little extra help, there's a comprehensive range of optional services close at hand, designed to assist you to live happily and safely at home. No matter how little or how much help you want, you're always in complete control. You choose what you want, when your services begin and if you want them to pause or stop. If your needs or circumstances change, we can provide you with the support you need, so you can stay independent in the comfort and familiarity of your own home and keep the lifestyle that you enjoy. If you'd like even more support, then our co-located state-of-the-art Residential Aged Care Home is another great option.



Help at home

For all the chores needed to keep your home clean, neat and tidy, such as cleaning, dusting, vacuuming, mopping, dishwashing, laundry, ironing and organising.



Meal assistance

Shopping for ingredients, preparing and cooking delicious, nutritious meals and help with eating if needed. We also can accommodate special dietary preferences and requirements.



Transport

Easily and safely get out and about with your helper driving and accompanying you. There's no reason to be stuck at home or miss out on doing the things you love.



Social support and activities

Social and community activities can enhance your wellbeing. We can provide company and emotional support, as well as drive you to outings, events and social activities, or to visit family and friends.



Wellbeing

We provide a range of programs, therapies and services to maximise your independence and enable you to remain active and healthy. They include passive and active exercise, diet, balance, flexibility, mobility, falls prevention, and pain management.



Allied health support

Access to specialised allied health and therapy services such as physiotherapy, podiatry, speech therapy and dietician to assist you to remain living independently and confidently in your home.



Assistive technology

Assistive technology helps you do things on your own more easily, communicate better, and stay safe. Examples include personal alarms, enhanced telephones, movement-activated lights, medication dispensers and video conferencing.



Aids and equipment

Get equipment designed to keep you mobile and safe, such as walkers, wheelchairs, mobility scooters, shower chairs and continence aids.



Home modifications

We can arrange for your home to be modified to suit your needs, whether it's installing handrails, shower rails or ramps.



Breaks for carers

If you're being cared for by a family member, respite care allows them to take a break and recharge. Don't wait until they're totally exhausted or for a health crisis to hit.



Personal care

Help with routine, personal tasks like getting in and out of bed, dressing and undressing, going to the toilet, bathing, showering and grooming.



Nursing care

Our nursing care can support you while you recover from surgery or an injury, provide wound care, medication management, dementia care, palliative and end-of-life care.

Carefree entertainment



There's nothing like getting outside in the fresh air and sunshine. Entertain friends at your home or take advantage of the barbeque facilities within the grounds. We encourage you to invite family, friends, and neighbours to join your picnics and social gatherings.

Southern Cross Care Village has plenty of space for children to play and families to spend quality time together. The safe and secure children's playground will keep the little ones entertained for hours on end. Keep an eye on them from at the Harvest Cafe located right next door.

Harvest Café



We've all grown accustomed to enjoying a visit to a local café for a cappuccino or a slice of cake. You can enjoy the buzz at our friendly well-appointed café.

It's the perfect meeting place to bring family, friends and is child friendly. Visit with a group of friends, or pop in on your own to quietly read the paper and enjoy a great cup of coffee.

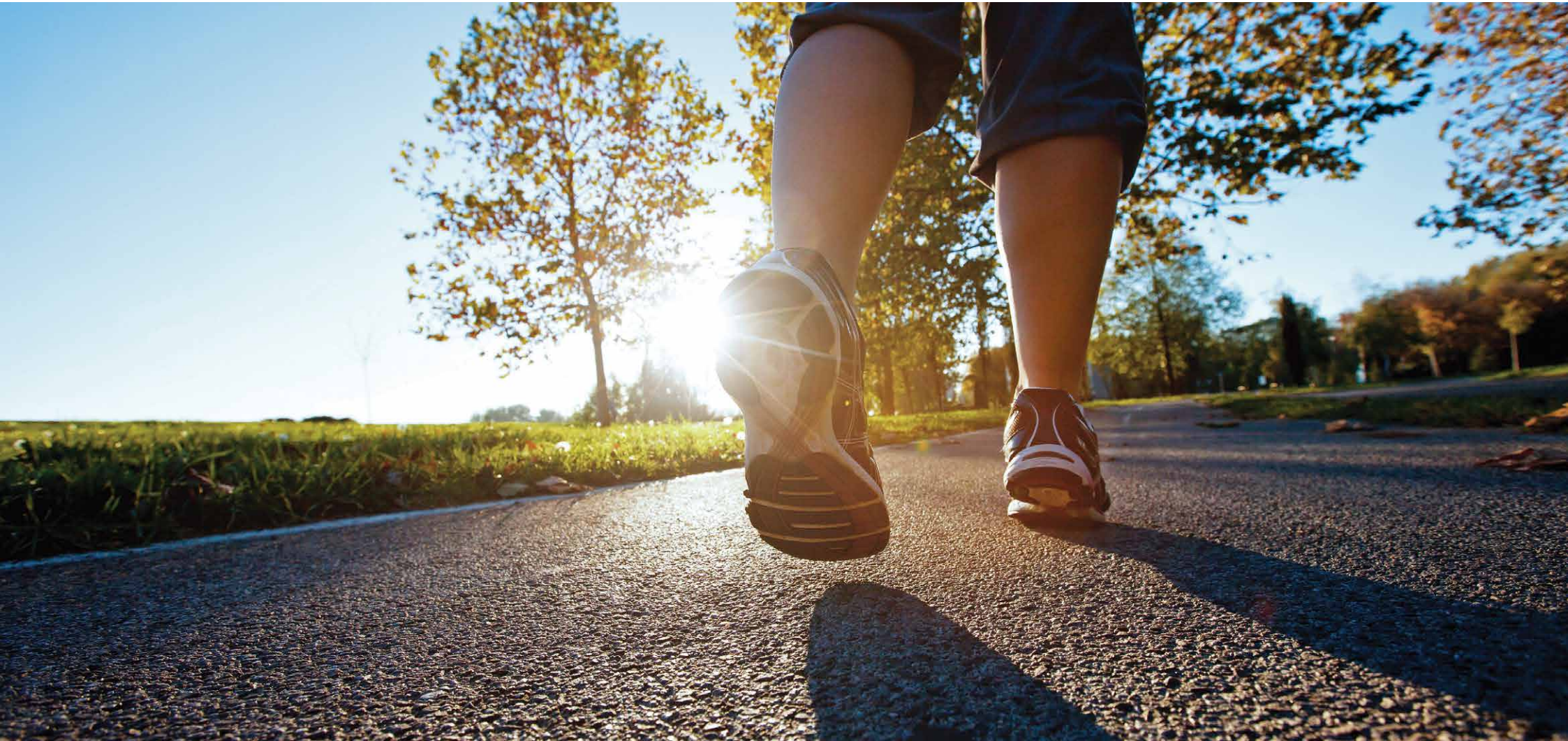
You'll never be bored



With a wide variety of activities and events to choose from and friends nearby, you can fill your days doing the things you enjoy most. Parkes town centre is only a short trip away with great shopping, clubs and cafés.

Visit in one of the many historical museums, find a bargain at the Upmarkets or, if you're feeling active, take advantage of the local walks and beautiful bushland. You'll be spoiled for choice.

Staying active



Skirting the perimeter of the village is a specially designed walking track. With a level aspect, age-friendly exercise stations and toilet facilities set along the way, going for a stroll is the perfect way to start your day and work up an appetite for breakfast.

Southern Cross Care Village has much to offer when it comes to your physical and mental wellbeing. Whether it's a craft group meeting at the community centre or a range of volunteering opportunities, there's sure to be an activity to suit your pace and preferences.



The Southern Cross Care difference

Southern Cross Care's name is known and trusted throughout NSW & the ACT where we've been a part of the community for nearly 50 years. As a not-for-profit organisation, we don't have shareholders, big salaries or big overheads, so we can put the money we're given back into providing services for our clients. That means you get better value for money and better services.

We offer a full spectrum of services to provide you with options, choice and support for how you choose to live your life, today and tomorrow. Whether it's discovering a retirement community lifestyle, tapping into help at home, improving your health, exploring ways to boost your independence and social connections, or selecting comfortable, supportive care in one of our Residential Aged Care Homes, you have peace of mind knowing that whatever your needs may be, you have a relationship with a provider that has it covered.

At Southern Cross Care, we believe that individuality is one of the greatest gifts of being human. Our 'customer at the heart' philosophy means that your happiness and wellbeing are our priority. We celebrate and respect diversity and welcome all, regardless of faith, ethnicity, sexual orientation, gender identity and lifestyle choices. We recognise you as a whole person and support your physical, emotional, intellectual, social, and spiritual wellbeing. Everything we do is tailored to enhance your quality of life and enable you to live life on your terms.





What to do next

If you're interested in living in Southern Cross Care Village then just let us know. We can take you on a tour, provide detailed information and answer any questions you might have. We can also help guide you through the process and paperwork. For pricing and ongoing contributions, please contact our Customer Service and Sales Team on 1800 632 314. You may have to pay a departure fee when you leave this village.

Moving into a retirement community is a big decision and we recommend that you also seek independent financial and legal advice before entering into any agreement. To give you an idea of the process that you will need to go through before moving in, we've put together the following guide:

Call us on [1800 632 314](tel:1800632314) or contact us online at [scliving.org.au](https://www.scliving.org.au)

Where you can find us



Home Care Services

Our Home Care services are available extensively across metropolitan and regional locations in NSW and the ACT.



Retirement Communities

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach

Illawarra Shoalhaven

- Thirroul

Sydney East

- Maroubra Junction
- South Coogee

Sydney North

- Manly Vale
- Marsfield
- West Pennant Hills

Sydney South

- Caringbah
- Kirrawee
- Marrickville

Sydney West

- Merrylands West
- Plumpton

ACT

- Braddon
- Campbell
- Garran
- Yarralumla

NSW Rural & Regional

Northern NSW

- Banora Point
- South Tweed Heads

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Harden
- Temora
- Young

Western NSW

- Parkes



Residential Aged Care

NSW Metropolitan

Central Coast

- Bateau Bay
- Caves Beach
- Swansea

Sydney East

- Daceyville
- Maroubra Junction
- South Coogee

Sydney North

- Marsfield
- Turrumurra
- West Pennant Hills

Sydney South

- Sutherland

Sydney West

- Greystanes
- Merrylands West
- North Parramatta
- Plumpton

ACT

- Campbell
- Garran

NSW Rural & Regional

Northern NSW

- Banora Point
- Casino
- Grafton
- South Tweed Heads

Riverina

- Corowa
- Lavington
- Moama

South West Slopes

- Cootamundra
- Deniliquin
- Harden
- Leeton
- Young

Southern NSW

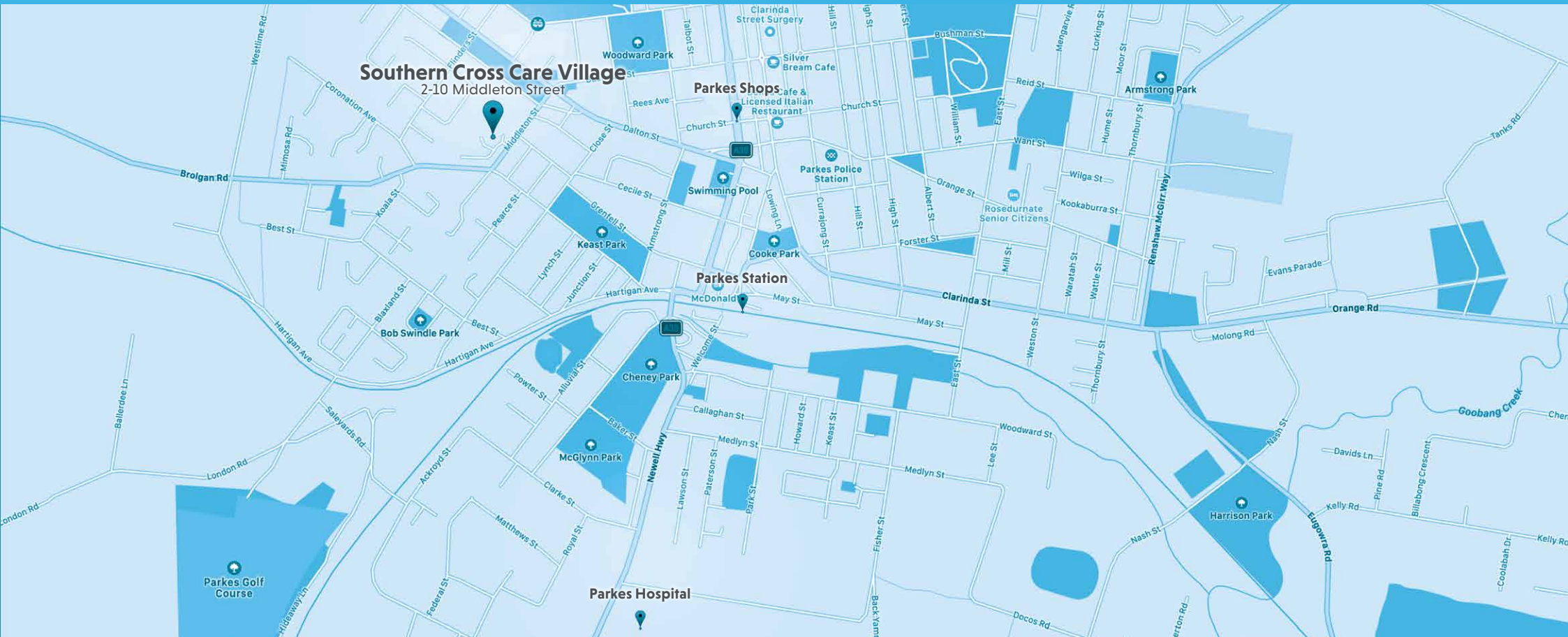
- Bombala
- Goulburn

Western NSW

- Parkes

Contact us

If you'd like more information, help or advice, just get in touch and we'll give you all the information and support you need to make an informed decision that's right for you and your family.



Southern Cross Care Village

2-10 Middleton Street
Parkes NSW 2870

Call: **1800 632 314** (free call)

Visit: **sccliving.org.au**

Bus services:

Train service:

Nearest shopping centre:

Nearest hospital:

Directly outside village

Parkes Station – 1.4 km

Parkes Shops – 1 km

Parkes Hospital – 2.4 km

