The Southern Cross **Care Difference**

We're a not-for-profit organisation with nearly 50 years' experience. We offer a range of integrated services offering choices that enable you to live the way you want. Together we can help you select from our range of services to create a solution that's right for you.



Our people

We love what we do and approach our work with a sense of joy every day. We also take great care to match the best people to you or your loved one. Our helpers and carers are formally trained and qualified and have undergone stringent checks, so you know you have friendly and trusted companions and assistants by your side.



We're here to help

1800 632 314 sccliving.org.au









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Do you need a hand?

We all have times when we need a little help It could be that you need help with daily tasks you can no longer manage as well on your own. Or help to achieve your health and wellbeing goals. If yiou have a family or friend caring for you, they may need a break to recharge. Whatevery your sitations, caring, expert help is close by and easy to get.



We can help

By offering you flexible, personalised support, where you need it, when you need it, we can help you remain independent in the comfort of your own home and continue to be part of your local community.

We know that everyone is different and that your needs are unique. We can work with you, your family, doctor, and other health professionals to understand what you want to achieve and tailor a plan to suit your needs.



Help at home Cleaning, laundry, dishwashing...



Meal assistanceShopping, preparation, cooking...



TransportFor appointments, errands, events...



Social support & activities Companionship, outings...



Wellbeing
Exercise, balance, flexibility, diet...



Allied health support
Physiotherapy, podiatry, dietician...



Assistive technology
Communications, personal alarms...



Aids & equipment
Walkers, chairs, continence aids...



Home maintenance & modifications
Handrails, ramps, repairs, gardening...



Breaks for carersSo your family carer take a break...



Personal careShowering, dressing, grooming...



Nursing care
Dementia care, medication...

Funding options

A range of Government funding is available depending on your needs and circumstances. We recommend that you call us and speak with one of our friendly Service Advisors who'll be happy to explain the options available, answer your questions and help you through the process so that your experience is easy and quick as possible. Just call us on **1800 632 314**.



We make it easy

Receiving Home Care has never been easier. We can meet and talk with you and your family to understand your needs, provide advice and get you the help you need, quickly and easily.

Call us today on **1800 632 314** or contact us online at **sccliving.org.au**