

Home
is where
I belong



We're here to help

Call

1800 632 314



Home Care



Living Well at Home



Do you need a hand?

We all have times when we need a little help. It could be that you need help with daily tasks you can no longer manage as well on your own. Or help to achieve your health and wellbeing goals. If you're a carer, you may need some time off to have a break and recharge.

Whatever you're going through, it's important to know that you're not alone and that caring, expert help is close by and easy to get.

We can help

By offering you flexible, personalised support, where you need it, when you need it, we can help you remain independent in the comfort of your own home and continue to be part of your local community.

We know that everyone is different and that your needs are unique. We can work with you, your family, doctor, and other health professionals to understand what you want to achieve and tailor a plan to suit your needs.

We make it easy

Receiving Home Care has never been easier. We can meet and talk with you and your family to understand your needs, provide advice and get you the help you need, quickly and easily.



Personal Care

Showering, dressing, grooming...



Domestic Help

Dishwashing, cleaning, laundry...



Meals

Shopping, preparation, cooking...



Transport

For appointments, errands, events...



Social Support and Activities

Companionship, outings...



Respite

In-home respite, daytime respite...



Allied Health Support

Physiotherapy, podiatry, dietician...



Goods and Equipment

Walkers, chairs, continence aids...



Home Maintenance & Modifications

Handrails, ramps, repairs, gardening...



Nursing Care

Dementia care, medication...



Wellbeing

Exercise, balance, flexibility, diet...



Assistive Technology

Communications, personal alarms...

About us

Established over 45 years ago, we're a not-for-profit organisation with a mission to empower older people to live life to the full. We value and respect diversity and the individuality of every person. We offer services and products to support physical, emotional, intellectual, social, and spiritual wellbeing.

Our team

Your highly experienced Care Coordinator will get to know you and understand your individual needs and aspirations. We'll tailor a plan that suits you and how you choose to live your life.

We take great care to matching the right people to you on the basis of skill, experience and mutual compatibility. We want you to feel comfortable knowing you have friendly and trusted companions and assistants.

All our care workers have gone through complete Police checks and are formally trained and qualified.

The choice is yours

You have complete control. You choose when and where your service begins. You can change or add to your care plan at any time.